

LABEL  
 EACH  
 PICTURE  
 WITH THE  
 CORRECT  
 MOTION!

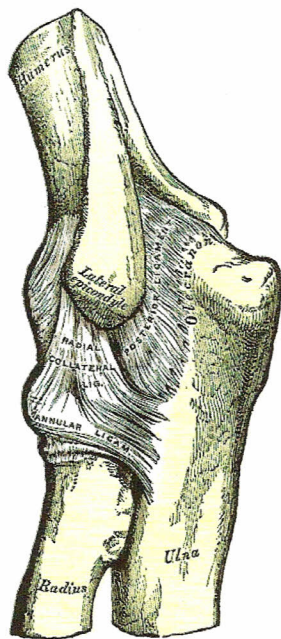
Which Joint is moving in the above picture?

What two motions are occurring?

What muscles do each motion?

Do any of the muscles originate on the medial epicondyle? If so which one?

Do any of the muscles originate on the lateral epicondyle? If so which one?



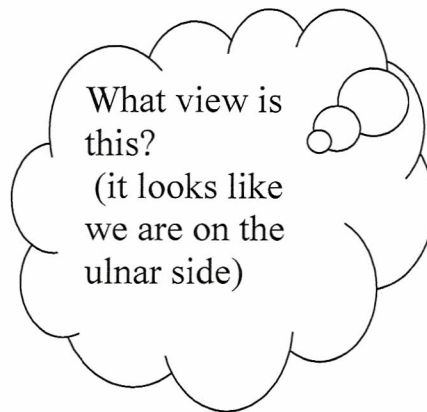
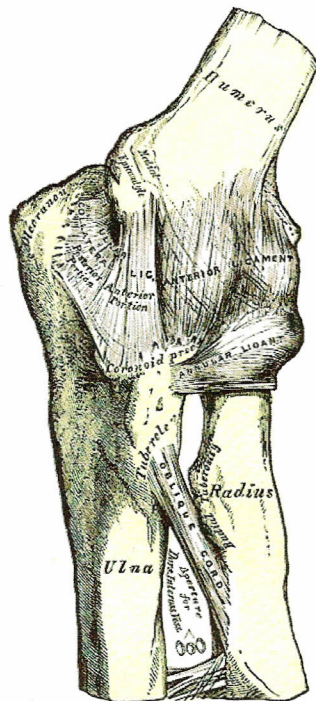
What view  
is this?

Which ligament is shown in the picture?

What are the two names it can have?

How is this ligament injured?

What kind of force is it called?



What view is this?  
(it looks like we are on the ulnar side)

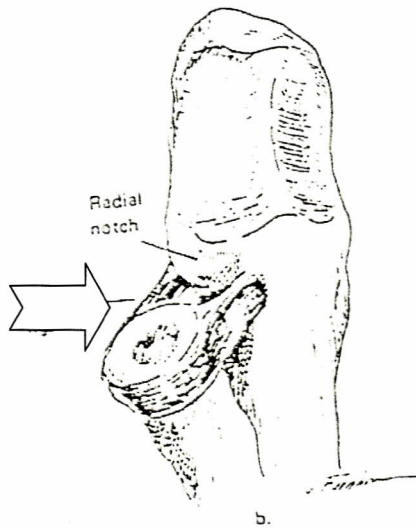
What are the two names for this ligament?

What two bones are connected?

There are two main ways this ligament is injured (ACUTE AND CHRONIC)  
Describe each

Acute (name the type of force)

Chronic



Identify the ligament

What does this ligament do?

(EXTRA CREDIT) I mentioned this ligament is very rarely injured. It is sometimes injured in toddlers and young children. What is the nickname for this injury?

What limits hyperextension in the elbow (bony structures?)

What limits flexion of the elbow (identify bony structures and soft tissue structures)